CLAIMS:

1. A vehicle seat provided with a squab, a backrest and a headrest, the headrest being supported by a support element connected by a connection to a drive element, the drive element being connected to a pressure plate within the backrest and being guided for rearward movement by a guide fast with the frame of the seat, there being a pivot surface located adjacent the support element such that on rearward movement of the drive element the support element engages the pivot surface to cause the headrest to pivot forwardly.

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- 2. A vehicle seat according to Claim 1, wherein a stop element is provided located in front of part of the support element to restrict forward movement of the headrest.
- 15 3. A vehicle seat according to Claim 1 or 2, wherein a resilient biasing member is provided to bias the headrest to an initial position.
 - 4. A vehicle seat according to any one of the preceding Claims, wherein the pivot surface is convex.

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- 5. A vehicle seat according to any one of Claims 1 to 3 wherein the pivot surface is concave.
- 6. A seat according to Claim 5, wherein the support element is provided with a convex part corresponding to the concave pivot surface, the convex part being received within the concavity of the convex pivot surface.

- 7. A vehicle seat according to any one the preceding Claims, wherein the connection between the drive element and the support element is a stud and aperture connection.
- 5 8. A vehicle seat according to any one Claims 1 to 6, wherein the drive element, the connection, and the support element are formed integrally.
 - 9. A vehicle seat according to Claim 8, wherein the drive element, the connection and the support element are all formed from a single metal bar.
 - 10. A vehicle seat according to any of the preceding Claims, wherein means are provided to prevent rearward movement of the headrest following a forward pivotal movement of the headrest.

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- 15 11. A vehicle seat according to Claim 10, wherein the means to prevent rearward movement comprise a ratchet arrangement co-operating with the drive element.
- 12. A vehicle seat according to any one the preceding Claims, wherein at least one further drive element, connection and support element are provided associated with the headrest.